Blend Coffee

House Blend Regular	\$2
House Blend Decaffeinated	\$2
Blend Flavor of the Week	\$2
Shell Point Blend 12oz Bag Ground Coffee-Regular	\$10
Shell Point Blend 12oz Bag Ground Coffee-Decaf	\$10

Espresso Drinks

Espresso	\$3
Cappuccino: espresso topped with a layer of steamed milk foam, sprinkled with cinnamon	\$5
Macchiato: espresso topped with a dollop of steamed milk foam	\$4
Americano: espresso diluted with hot water	\$4
Mocha: espresso blended with chocolate syrup, topped with a layer of steamed milk foam	\$6

Cold Coffee Drinks

Cold brewed iced house blend regular	\$
Iced Café Latte: espresso and milk	\$.
Iced Mocha: espresso, chocolate syrup and milk	\$
Seasonal Coffee Drinks	\$3.

\$2

Hot Tea

Regular and decaffeinated black and green tea, Earl Gray and a selection of flavored teas

Beverages

Develages	
Can soda	\$1
Bottled soda	\$2
Milk	\$2
Juice	\$2.5
Bottled water	\$2
Fountain drinks or iced tea	\$1.5
Lemonade	\$2.5
Bottled Tea	\$2.5



Blend combines warm southern hospitality with welcoming, contemporary ambiance. Select from an appetizing menu of made-to-order breakfast items, delicious deli-style sandwiches and espresso beverages, then dine inside or head outdoors to soak up the sunshine from Blend's scenic, lakefront patio seating.

ALSO VISIT SHELL POINT'S OTHER DINING VENUES

PALM GRILL
BREEZEWAY CAFÉ
THE CRYSTAL
ISLAND CAFÉ



DIN-332-20

14441 Woodsong Lane • Fort Myers, FL 33908 Phone: (239) 454-2060

Breakfast Sandwiches	
Smoked bacon, smoked Gouda and scrambled eggs, served on a toasted English muffin	\$7
Smoked Virginia ham, Havarti and scrambled eggs, served on a toasted ciabatta roll	\$7
Scrambled eggs, cheddar and vine-ripe tomatoes, served on whole wheat toast	\$7
Country sausage, scrambled eggs and pepper Jack, served on a toasted English muffin	\$7
Scrambled eggs, smoked Virginia ham and American, served on a warm buttered croissant	\$7
All breakfast sandwiches served with fresh fruit	
Woodlands Breakfast	
Two eggs your way, served with choice of bacon,	\$8
ham, or sausage and your choice of toast, served with fresh fruit	
Smoked wild salmon, served with capers, red onions, vine ripened tomatoes, cream cheese and a toasted bage	\$13.5 el
Made to order waffles	\$5
Caribbean French toast, topped with sliced bananas and toasted coconut	\$6
Add smoked bacon, smoked Virginia ham	<i>\$</i> 3
or country sausage	
Pastries, Fruit and Yogurt	
Greek yogurt, topped with fresh blueberries, strawberries and organic granola	\$4.5
Fresh fruit Cup \$3 Bowl \$4	
Homemade banana bread	\$2.5
Assorted scones	\$2.5
Assorted muffins	\$3
Assorted Danish	\$2
Cinnamon rolls	\$3
Sticky Buns	\$3

Biscotti

Deli Lunch Sandwiches

Albacore Tuna Salad Chicken Breast Salad Egg Salad

Smoked Virginia Ham Turkey Breast

Half \$5.5 Whole \$8.5 Add Cheese \$1

American, Cheddar, Swiss, Havarti, Smoked Gouda, Pepper Jack

Served on your choice of: whole wheat, rye, white or gluten free

bread and your choice of potato chips or fresh fruit

Wraps

Grilled Chicken Wrap with bacon, lettuce, tomato and Ranch dressing with choice of tortilla chips	\$9
Chicken Caesar: Diced chicken breast, romaine lettuce, parmesan cheese and housemade Caesar dressing wrapped in a flour tortilla	\$9
Egg Salad BLT: Crisply smoked bacon, egg salad, romaine lettuce and vine-ripened tomatoes, wrapped in a sun-dried tomato tortilla	\$9

Paninis

\$1.5

Margherita: Housemade pesto, fresh mozzarella, vine-ripened tomatoes and arugula		\$7
All-American: Smoked Virginia ham, Swiss and chedd cheese and honey mustard	lar	\$8
Oakmont: Turkey breast, Swiss cheese and cranberry mayonnaise		\$8
Housemade Soup	Cup \$3	Bowl \$4

Specialty Sandwiches

specialty salluwiches			
Rosemont Club: Sliced turkey breast, smoked back Havarti cheese, iceberg lettuce, vine-ripened toma and mayonnaise, on whole wheat toast		Whole	\$10
The Dagwood: Piled high with ham, oven roasted Swiss cheese, cheddar cheese, smoked bacon, lett mayo on your choice of bread.		to and	\$10
Ultimate Grilled Cheese: Tomato, bacon, Gouda marbled rye	cheese on		\$9
Grilled Cheese: Choice of cheese and bread			\$6

Blend Salads

Promenade Salad: Romaine lettuce, carrots, tomatoes, walnuts, cucumbers, red onions and choice of dressing Add chilled grilled chicken	Small Large	
Chef Salad: Romaine lettuce, julienned ham and turkey, Swiss and cheddar cheese, tomatoes, eggs, cucumbers and choice of dressing	Small Large	
Stuffed Vine-Ripened Tomato: A vine-ripened tomato stuffed with your choice of tuna, chicken or egg salad, served on a bed of romaine lettuce, matchstick carrot and cucumbers, with your choice of dressing		\$8
Woodlands Salad: Romaine lettuce, carrots, tomatoes, bell peppers, roasted almonds and choice of dressing Add chilled grilled chicken	Small Large	
Mediterranean Salad: Romaine lettuce, black olives band peppers, cherry tomatoes, red onion, cucumbers, assort peppers, feta cheese served with Greek dressing		\$9
Salad Dressing: Ranch, Italian, honey mustard, blue cheese,		

Desserts

Gelato: Check for today's flavors	\$3
Ice Cream: Check for today's flavors	
1 Scoop \$3 2 Scoops \$4	
Assorted cookies	\$1.5

balsamic and raspberry vinaigrette