



LIFESTYLE FEATURES AT THE SPRINGS

LIFESTYLE SERVICES

- Quality flooring and window treatments
- Kitchenettes with refrigerator
- All utilities except telephone and internet
- Basic cable television service
- Spectacular views
- Weekly housekeeping service
- Weekly linen and towel service
- Maintenance of dwelling unit
- Pest control
- Transportation system within and between neighborhoods
- Transportation to shopping, activities and medical appointments—based on posted schedule
- Golf cart and covered automobile parking
- Personal services include appointment scheduling, dry cleaning pickup and other personal service requests
- Personal laundry facilities on each floor
- The Springs distinctive dining program features three meals per day served in the elegant Springs dining room
- Country store selling sundry items, treats and gifts
- “Any Time Dining” available 24/7
- Shopping services with home delivery
- Personal laundry services available for a small fee
- Companion services available for a fee through Shell Point Home Health
- 24-hour security

RECREATION AND LEISURE

- Numerous common spaces decorated in a comfortably elegant island style
- Full-time recreation staff
- Media room, billiards room, card and game parlor
- Art, craft and hobby facilities
- Close proximity to many outdoor recreational features including heated swimming pools, scenic walking trails, gardens and more
- Library and reading room equipped with a computer station for easy internet access
- Volunteer opportunities
- Educational classes and trips
- Fitness Center with cardio exercise equipment, weights, specialized equipment and supervised fitness classes
- Spa-style whirlpools
- The Village Church worship services and concerts
- Access to all the amenities, activities, dining and facilities of Florida’s largest retirement community

HEALTH SERVICES AT THE SPRINGS

As a resident of The Springs, maintaining your good health is our priority. From wellness programs designed to help you stay fit, to the onsite physician care, the emphasis is on your well-being, which will help to maintain the highest quality of life your health will allow.

WE'RE HERE FOR YOU

Among the myriad services provided, The Springs staff provides residents with daily assistance for activities such as personal care and hygiene, administration and management of medications, and coordination of healthcare appointments.

MEDICAL CENTER

In addition to the services offered at The Springs, residents enjoy the peace of mind that comes from knowing that a medical staff consisting of dedicated physicians, skilled in the practice of gerontological medicine, is onsite. Staff providers are on call 24 hours a day.

SKILLED NURSING AND REHABILITATIVE SERVICES

Shell Point's very own modern skilled nursing center is also located on campus and available when needed. Providing personalized and compassionate care, our highly skilled nursing staff and other healthcare professionals offer exceptional care support for both residents and their families. State-of-the-art rehabilitative services speed recovery from physical, speech and respiratory problems while helping residents maintain maximum independence.

SHELL POINT MEDICAL SERVICES

- Onsite medical center staffed by full-time physicians and APRNs with multiple exam rooms, x-ray, dentistry and lab for convenience
- Coordination between medical services and providers
- 24-hour, licensed nursing staff
- Easy access to rehabilitation services
- Care with compassion
- Assistance with medication administration and management
- Assistance with activities of daily living (bathing, grooming, dressing)
- Supervised wellness program
- Assistance call system
- Behavioral health services
- Access to specialty physicians at Shell Point
- Pharmacy with convenient same-day service and free home delivery





CONNECTIONS AT SHELL POINT

HELPING YOU MAKE A CONNECTION

For more than 50 years, Shell Point has been providing seniors with an unparalleled retirement in a resort-style, waterfront setting, with the stability and peace of mind that comes with the assurance of lifecare.

Individuals with moderate to advanced memory loss, Alzheimer's disease and other dementias can rest easy knowing that Shell Point's ongoing commitment to excellence in healthcare extends across all levels of the care continuum through Connections, Shell Point's memory care program.

Connections Memory Support at Shell Point centers around creating a mission-guided celebration of personhood. Its holistic approach supports an individual's unique strengths and abilities, allowing each resident to thrive in a robust, structured program that emphasizes relationship-based care, dynamic LifeQuest programming and the support of an interdisciplinary team of healthcare professionals.

PROGRAM CORNERSTONES

- Relationship-Based Care
- Dynamic LifeQuest Programming
- An Interdisciplinary Healthcare Team

Above all, Connections offers an extensive network of resources, services and collaborative support for residents, in areas of clinical, wellness, care and education. Services are offered across the continuum of care to support residents in independent living, Day Retreat programs, Connected Living at The Springs and Connected Living at the Larsen Pavilion.



The items listed below outline The Springs residency criteria for admission. These criteria must be maintained throughout a resident's length of stay.

1. The resident must be at least 45 years of age.
2. The resident must be free from signs and symptoms of any communicable disease that is likely to be transmitted to other residents or staff; however, an individual who has human immunodeficiency virus (HIV) infection may be admitted to a facility, provided that the individual would otherwise be eligible for admission according to rule 58A.
3. If the resident is incontinent, their incontinency must be able to be managed independently or with the support of staff.
 - Consistent wetting or soiling furniture in social areas is not acceptable.
4. Residents are encouraged to dine independently if possible.
 - Dining room staff are able to cut food for resident if needed.
 - Resident may use adaptive equipment as needed.
 - Staff may provide assistance with feeding as needed.
5. Residents are encouraged to be as independent as possible with personal care including dressing, bathing, and grooming, however residents can expect to receive total assistance for personal care as needed.
6. The resident must be able to evacuate in case of emergency.
 - This is defined as...the resident must physically and mentally be able to find their way to the safety point when given verbal instruction and/or physical assistance by staff.
7. The resident must be able to transfer, or staff may provide moderate assistance with transfers if necessary.
 - Mechanical or manual lifts are not permitted in The Springs (i.e. Sera Lift, Hoyer Lift, etc).
8. The resident must not have a Stage 3 or 4 pressure sore.
9. The resident cannot require any of the following nursing services:
 - Oral, nasopharyngeal, or tracheotomy suctioning
 - Nasogastric tube feeding
 - Monitoring of blood gases
 - Intermittent positive pressure breathing therapy
 - Treatment of surgical incisions or wounds, unless surgical incisions or wounds and the condition which caused it have been stabilized and a plan for care has been developed.
10. The resident must not require 24-hour nursing supervision.
 - Residents must not require skilled rehabilitative services.
11. The resident's dietary needs must be able to be met by the three diets available at the The Springs: regular, no added salt, and low concentrated sweets.
12. The resident must not be bedridden.
 - If resident is bedridden for fourteen (14) consecutive days in their apartment, the resident will be admitted to a higher level healthcare facility for an observation period.
13. The resident must be cognitively able to adjust and reside in the ALF setting.
 - Wandering into other residents' apartments or away from the facility is inappropriate. The Spring's is not equipped or staffed to provide that degree of constant observation or security.
 - The resident must be able to live in harmony with other residents on a daily basis.
 - There can be no serious mental impairment, confusion, or forgetfulness that could affect the residents' personal health or safety or the health or safety of others.
 - Tendencies toward violence or aggressive behavior must be controlled.
14. The resident's needs must be able to be met by the staff and services available at the The Springs.
15. The Administrator, as stated in Chapter 58A Regulations, is responsible for determining resident's appropriateness for admission and monitoring the continued appropriateness of a resident's placement.