

Dining Announcement

In-house dining has resumed in the Crystal, the Palm Grill, the Blend and the Island Café at 50% capacity. **Carry-out service** is still available at the Crystal, the Palm Grill, Blend and the Island Café based on their normal hours of business. In order to reduce wait times, please call ahead to the restaurant of your choice to place your carry-out order. There is no additional fee for carry-out.

Our convenient **Dining & Shopping Delivery Service** is still available for all independent living residents who wish to have their lunch or dinner meals, limited grocery and supply items or "Home Chef Kits" delivered to their home.

To place a delivery order, please call the delivery phone line at **239-433-7949** between 9 a.m. and 5 p.m., or email your order to diningdelivery@shellpoint.org **ONE DAY PRIOR** to delivery. Dining, Shopping Lists and Home Chef Kit deliveries take place Monday through Friday at 11 a.m. and 4 p.m. An 18% delivery fee will be added to all orders.

CARRY- OUT OPTIONS

For your dining needs during the restaurant closures, please CALL AHEAD ONE DAY PRIOR to one of these two restaurants to place your Carry-Out order. Menus are available on www.shellpoint.net.



Carry-Out & Reservation Call In Hours

Lunch: Monday — Friday
11 a.m. to 2 p.m.

Dinner: Monday — Friday
4 p.m. to 7 p.m.

Carry-out orders may be placed by calling
(239) 454-2199



Carry-Out & Reservation Call In Hours

Lunch: Tuesday — Saturday
11 a.m. to 2 p.m.

Dinner: Tuesday — Saturday
4 p.m. to 8 p.m.

Closed Sunday and Monday
Carry-out orders may be placed by calling
(239) 454-2059

HOME DELIVERY DINING OPTION

Delivery orders must be placed **the day before** by calling **(239) 433-7949** between 9 a.m. and 5 p.m., or emailing diningdelivery@shellpoint.org. Dining deliveries will start at 11 a.m. and 4 p.m. An 18% delivery fee will be added to orders. This delivery service is available Monday to Friday.

HOME DELIVERY SHOPPING SERVICE

A limited SHOPPING LIST for food, supplies and home chef kits is available for home delivery (see page 3 & 4). All delivery orders must be placed **the day before** by calling **(239) 433-7949** between 9 a.m. and 5 p.m., or emailing diningdelivery@shellpoint.org.

Shopping List & Home Chef Kit deliveries will take place at 11 a.m. and 4 p.m. An 18% delivery fee will be added to orders. This delivery service is available Monday to Friday.

DINING DELIVERY MENU

Breakfast

Cheddar Cheese Omelet \$8

Three-egg omelet served with wheat bread

Comes with a choice of home fries or fruit

Veggie Omelet \$8

Three-egg omelet, served with tomatoes, onions, peppers, mushrooms, and spinach with choice of bread and cheese

Comes with a choice of home fries or fruit

Country Omelet \$8

Three-egg omelet, served with ham, onions, cheese and choice of bread

Comes with a choice of home fries or fruit

Egg Combo \$9

Two eggs your way, served with choice of bacon, ham or sausage and your choice of toast

Sand Dollar Pancakes \$7

Three made-to-order pancakes served with butter and syrup

Breakfast Sandwich \$9

Eggs cooked your way with a choice of English muffin or wheat bread, choice of sausage or bacon and a choice of Swiss or cheddar cheese

Comes with a choice of home fries or fruit

Fruit Plate with Side of Yogurt \$7

Lunch/ Dinner

House Salad \$7

Artisan greens, cherry tomatoes, carrots, red onion and cucumber

Watermelon and Arugula Salad \$11

Watermelon, orange segments, arugula, red onion, goat cheese, spiced walnuts and balsamic dressing

Wedge Salad \$10

Iceberg lettuce, bacon, heirloom tomato, red onion, blue cheese crumbles and fried onion with blue cheese dressing

Caesar Salad \$7

Tender romaine lettuce with creamy dressing, parmesan cheese and herb croutons

Cranberry Apple Brie Turkey Sandwich \$10

Roast turkey, brie, cranberry apple jam and arugula on toasted cranberry walnut bread

Comes with a choice of French fries, coleslaw or fruit

Gruyere Chicken Sandwich \$10

Grilled chicken breast, Applewood bacon, lettuce, tomato, pesto aioli on grilled pretzel bun

Lobster Roll \$16

Grilled New England Roll, butter-poached lobster, Bibb lettuce and chives with a house mustard aioli

Meatloaf \$12

Meatloaf with mashed potatoes and baby carrots

Grilled Burger \$11

Served on a toasted brioche roll with lettuce, tomato, onion, pickle and choice of Swiss or cheddar cheese

Comes with choice of French fries, coleslaw or fruit

Turkey Dinner \$13

Citrus herb turkey breast, traditional stuffing, mashed potatoes, green beans, cranberry and gravy

Southern Pot Roast \$12

Slow-roasted beef, herb potatoes, turnips, onions and baby carrots with a demi-glaze

Classic Calves Liver and Onions \$16

Pan-seared, topped with caramelized Vidalia onions, crisp smoked bacon and demi-glaze, served with mashed potatoes

Chargrilled Filet Mignon 4 oz. \$18 8 oz. \$28

Served with a roasted shallot demi-glaze and mashed potatoes

Marinated Pork Chop \$19

Chargrilled and topped with a chunky apple, dried cherry and thyme sauce, served with mashed potatoes

Sautéed Shrimp and Scallops \$16

Shrimp and scallops sautéed in a garlic herb-butter, served on a bed of baby spinach and topped with diced vine-ripened tomatoes and shaved Parmigiano-Reggiano

Roasted Cedar Plank Salmon \$17

Atlantic salmon with a maple-mustard glaze, served with vegetable quinoa confetti with charred lemon

Spaghetti with Red Sauce \$13

Angel hair pasta served with homemade marinara sauce and fresh vegetable

Platter (weekday only) \$11

Add: Chicken \$4 | Shrimp \$5 | Salmon \$8 | Lobster \$10

**SHOPPING LIST
UPDATE 6**

SEAFOOD

2 lb. 16/20 Shrimp \$20
4 oz. Salmon Fillet \$7

DELI MEATS & CHEESES

1.5 lb. Provolone \$8
1.5 lb. Cheddar \$8
1.5 lb. Swiss \$8
1 lb. Ham \$9
1 lb. Turkey \$8
1 lb. Roast Beef \$9

MEATS

12 oz. New York Strip \$14
5 lb. Ground Beef \$24
Pork Tenderloin 2 Pack \$12
Chicken Breast
6 oz. boneless, 2 pack \$4

FOOD PRODUCTS

Half-Gallon of Milk
Whole, 2% and Skim \$4
Almond Milk quart \$5
Quart of Half & Half \$3
Half-Gallon of
Orange Juice \$4
One Dozen Eggs \$4
Pound of Butter \$3
Yogurt
\$1.50/Individual \$5/Quart
Coffee 12 oz. bag
regular or decaf \$7
Decaf Tea Bags 72 ct. box \$7
Water \$2/Gallon \$7/Case
8oz/24 pack
Gatorade 12 oz. \$1 each

FOOD PRODUCTS (CONTINUED)

Apple Juice 10 oz. \$1 each
Cranberry Juice 10 oz.
\$1 each
Loaf of Bread
Wheat, White and Rye \$4
Gluten-Free Bread \$9
Peanut Butter 40 oz. \$6
Jelly Individual Packets
\$.20 each
Honey Individual Packets
\$.25 each
Tuna 12 oz. \$3
Cannellini Beans \$1
Rice Pilaf 36 oz. box \$5
Honey Nut Cheerios \$1
Raisin Bran \$1
Oreo Cookies 6-pack \$1/pack
Sea Salt or Barbecue Chips
1.38 oz. bags \$1/ per bag
Jar of Salted Peanuts 41 oz. \$8
Pasta
• Angel Hair 2.5 lbs. \$3
• Spaghetti 1 lb. \$2
• Cheese Tortellini 3 lb. \$12
Marinara Sauce 51 oz. can \$5
Alfredo Sauce
2.5 lb. pouch \$7

SOUPS 7.25 ounce cans:

Low-Sodium
Chicken Noodle \$1
Vegetable Beef Soup \$1
Vegetable Soup \$1
Cream of Mushroom \$1
Tomato Soup \$1
Cream of Chicken Soup \$1

FRUITS & VEGETABLES

1 lb. Green Beans \$3
2 lb. Baby Carrots \$3
Pint Cherry Tomatoes \$3
Romaine Lettuce 3-pack \$4
Red Onion \$1 each
Yellow Onion \$1 each
Mushrooms 1/2 lb. \$2
Russet Baking Potato
\$1 each
Sweet Potato \$1 each
Red or Green Apples \$1 each
Bananas \$1 each
Oranges \$1 each

SUPPLIES

Toilet Paper \$3/for 2 rolls
*Limit of 2 rolls per order,
while supplies last*
Toothpaste \$4/tube
Liquid Hand Soap 12 oz. \$5
Paper Towels \$2 each
Liquid Laundry Detergent 92 oz.
\$16
Liquid Dish Soap 38 oz. \$6
Gallon of Bleach \$3

PET SUPPLIES

5 lb. Dog Food \$19
5 lb. Cat Food \$21

**Please call your orders in to the Delivery Line at (239) 433-7949, between 9 a.m. and 5 p.m.,
or email your order to diningdelivery@shellpoint.org, one day prior to delivery date.**

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase
your risk of foodborne illness, especially if you have certain medical conditions.

Minimum order of \$10 required for delivery. An 18% service charge will be added to all orders.

HOME CHEF DELIVERY KITS

Heat-n-Eat Kits

Heat-n-Eat meal kits come mostly prepared with enough for one meal for two people or two meals for one person. Finish and warming instructions included.

MEATLOAF

\$25

A heat-and-eat meal kit including meatloaf, mashed potatoes with gravy and broccoli, will be delivered to your door.

BAKED SALMON

\$34

A heat-and-eat including salmon fillets, asparagus, rice and other necessary ingredients, will be delivered to your door.

From-Scratch Kits

Have a little culinary fun! From-Scratch meal kits include all the uncooked ingredients you need for a homemade meal, with enough for one meal for two people or two meals for one person. Cooking instructions included.

ITALIAN

\$13

Pasta 1 pound of spaghetti
Marinara Sauce 51-ounce can
Meatballs (6) 2-ounce meatballs

HOME COOKING

\$11

Chicken Choice of Whole Chicken or 2 Chicken Breasts
Rotisserie Seasoning 4-ounce cup
Green Beans Raw 6-ounce bunch

ASIAN

\$11

Chicken 10-ounces diced pack
Curry 4-ounce can curry paste
Coconut milk 13.5-ounce can
Stir-Fry Vegetables 6-ounce
White Rice 2 cups dry

SEAFOOD

\$16

Salmon (2) 4-ounce pieces
Asparagus Raw, 1 bunch
Potato (2) medium potatoes

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